

Are introverts the best public speakers?

If I were to ask you to envision a stereotypical public speaker, what traits would spark in your head? I would assume, for the vast majority of us, these words would arise in our heads, like outgoing, confident, sociable, smart, energetic and so on. Were those the traits you thought of? If yes, then you pointed out the traits of an extrovert. I don't oppose it because there are various skilled or in fact gifted extroverted speakers around the world. Here are couple of speakers who are extroverts that we doubtlessly think of immediately due to this reason like Steve Jobs, Bryan Stevenson and Sheryl Sandberg.

On the other hand, there are also notable introverts who have become role models for some of us due to the incredible powerful speeches they induced, which struck our hearts like Barack Obama, Nelson Mandela and Gandhi.

Introverts are the ones with best techniques. Let's look at Barack Obama who is inspirational to many of us in different ways and have made great influences in our lives. One of the factors that helped him to reach great success and have the power to influence over us is by the ability to project himself in front of a huge audience. There are many scenarios that arises when we think about his speeches. Here are some of them like at the DNC in 2004, winning the Nobel Peace Prize in 2009, and his eulogy for a victim of the Charleston shootings in 2015. For most of us, his power is unreachable. So what attracts us to his speech and makes us want to listen to it? It's his use of crucial techniques like pauses and range, handle rhetoric and being able to withstand pressure in any circumstances. This is exactly why introverts have more potential in becoming amazing speakers compared to extroverts.

Introverts are willing to take the time needed to think

What I meant by this is that they are ready to invest the time necessary for them in order to produce an effective reaction from their audience. Introverts use their time wisely as they put all of their effort into preparing, to produce a good speech that would intrigue the audience.

But for us that is not the case. If you take a minute to reflect how we use our time to prepare, we will immediately see how lacking we are. We usually have this urge within ourselves to bolt to the ending and often these end results are used to execute and engage with the audience which then leads on to getting the response we don't expect. We all had those times where we had to seek advice from others and in which it had an and impact on our facts that we have assembled due to the power of persuasion which indicates how confident we were. At this exact point is where an introvert can stand out as they have one of the rare skills which most extroverts doesn't have. They have very strong perspectives which makes it difficult to modify. They don't just consume all the informations like us instead they are curious and they research as they are determined to know in depth what it actually is and don't really care about the amount of time they spend on it. A 2008 study published in the Journal of Motor Behaviour found that introverts take a longer time to process information than extroverts. Khanweiler says this is actually because they process more thoughtfully than extroverts do, they take extra time to understand ideas before moving on to the new ones.

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Introverts serve the audience. They are extraordinary listeners which is an aptitude that many of us doesn't have, as a result of it, it gives them a forward push like getting a head start in the race before everyone else, which gives them a higher chance to hook the public like understanding other requirements.

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Nancy Ancowitz, a career coach specialising in presentations and author of Self Promotion for Introverts, "One lesson we can learn from introverts is that practising and improving your listening skills helps you in so many aspects of life." They clearly acknowledge the fact that they are not the priority but instead serving the public. This is the answer to why they feel queer when they speak instead of listening. The role of the speaker is to look after the crowd, to satisfy or even to be concluded by. To be able to provide a beneficial and efficacious talk it is necessary to understand your spectators. Sometimes we need to refresh ourselves by knowing that you are not looking for a consent. You are an educator, the giver, the sound of wisdom.

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Introverts prepare. We all know that the key to present great speeches in a confident and engaging way is by preparation. The triumph of a speech relies much on preparation and is not independent on a particular range of interaction skills. They feel quite satisfied when they spend a good amount of time in processing or clarifying speeches and they prefer to be isolated rather than with a group of people. One of the things that they love doing is writing and they can keep on writing until they are pleased with what they have. They are very considerate of their bodies like making sure they get enough sleep, undisturbed and good dietary intake.

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During the each part of the speech, an introvert will remain concentrated on the audience and this is an important part of getting instant audience feedback. While they are speaking introverts make changes according to situations to gain valuable non-verbal feedback from the audience. What this means is that when they are preparing to give a speech, they can use their listening skills to create a better speech. As they assemble informations that they will use to produce their speech, the introverts listen, respect and includes others opinion as well. This will lead them to find a better conclusion, even if it turns out to be one that they didn't suggest themselves.

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For an introvert, it's not all about listening. Instead, listening is where it starts. Introverts always likes to analyse the informations which they have heard and gathered. The end result of this will be a well-thought out set of ideas that can be worked into their next speech.

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- Commented [AM61]: information

However, everything always comes with a downside so one of the negatives of an introvert is that they are not energetic. Being sociable with others extracts their energy so in order to reload, they have to be isolated. Whereas for an extrovert, interacting with many people as they possibly can helps them to boost up their energy and they hate it when they are reserved as their energy just dramatically drops. Social interaction skills is a bonus point for an extrovert as it really helps when you do public speeches as you lack fear on stages and can communicate directly with confidence and get your point across with out any problems. This is not the case for an introvert as they have a greater fear with just standing in front of

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a crowd and looking at them, which makes it very hard for them to communicate with the audience directly which means it is like ten times harder for them to get their points across.

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Instead of having a stereotypical view on Introverts, have a positive mind and attitude. Addition to that discover their hidden remarkable traits and encourage them to be one of the successful leaders.

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Commented [AM69]: Take time to discover their hidden, but remarkable traits, and encourage them to become successful and inspirational leaders. ☺

Sources:

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Janeva Babu